Association of Part-Time Undergraduate Students North Borden Building 563 Spadina Crescent, Suite 236 Toronto, Ontario M5S 2J7



September 30, 2019

Re: Grieving another student death at Bahen

The Association of Part-Time Undergraduate Students (APUS) is deeply saddened by the death of a student at the Bahen Centre this past Friday evening. We offer our condolences to family, friends, classmates and all those affected by the loss of a member of our student community.

We recognize that there is a student mental health crisis on this campus. We acknowledge the students who have been organizing spaces to share resources and experiences, and to grieve collectively and support each other during this difficult time. There will be a student-led <u>drop-in space today</u> in front of Bahen for community members to come together, grieve, and share resources and mental health experiences. The ongoing advocacy for better mental health services and peer support provided by so many members of our student community is profoundly important.

We are always here at APUS for members of our community who need a space to talk, share, and decompress. Please reach out to us. The following campus and community helplines are also available if you need support:

- Good 2 Talk Student Helpline 1-866-925-5454
- Gerstein Crisis Centre 416-929-5200
- Distress Centres of Greater Toronto 416-408-HELP (4357)
- Anishnawbe Health Toronto Mental Health Crisis Line 416-360-0486
- My SSP for U of T Students 1-844-451-9700.
- Health and Wellness Centre 416-978-8030

With love and in solidarity,

The Association of Part-Time Undergraduate Students